

Year 9 PSHE

Throughout the school year, your child will be learning about these key topics. The specific timing of when each topic is covered can be found on the main Year 9 page.

To support your child's learning, we've included some ideas and websites that you may find helpful to explore and discuss together as they progress through the curriculum.

Theme	Opportunity to help.
Drug education	<p>Discussion about types of drugs – illegal and legal. Introduce the idea of possession vs supply. www.talktofrank.com</p> <p>Discussion about alcohol – units, age restrictions, biological effects and alcohol poisoning https://www.youtube.com/watch?v=yDNwz4S2NjY https://www.youtube.com/watch?v=pc-YN5P-9D8 https://www.youngminds.org.uk/parent/parents-a-z-mental-health-guide/drugs-and-alcohol/</p> <p>Discussion about the difference between smoking and vaping. Linking to KS3 Science – what did the student learn? Biological and Emotional aspects of smoking and vaping. https://youtu.be/HE6b2mA-6kl https://www.youngminds.org.uk/parent/parents-a-z-mental-health-guide/drugs-and-alcohol/ https://kidshealth.org/en/parents/e-cigarettes.html https://www.nhs.uk/better-health/quit-smoking/help-others-quit/young-people-and-vaping/</p>
Financial education	<p>Good resources for these lessons. https://natwest.mymoneysense.com/parents/ https://www.barclays.co.uk/digital-confidence/lifeskills/ https://www.bankofengland.co.uk/education/education-resources https://barclayslifeskills.com/media/5529/fraud-and-scams-v2.pdf</p>
Relationships	<p>This topic is looking at the idea of consent using case studies. Discussion with the issues arising from consent.</p> <p>Topics in these lessons include:</p> <ol style="list-style-type: none"> 1. Beginning and ending relationships 2. Understanding different types of relationships. <p> https://www.youtube.com/watch?v=V5DecVLCJwY https://youtu.be/YNA9K6uJVfY www.childline.org.uk www.relate.org.uk www.askbrook.org.uk www.abettermedway.co.uk </p>

	<p>3. The laws around the age of consent.</p> <p>4. How to assert yourself – saying no. linking with peer pressure.</p> <p>5. What does online sexual harassment.</p> <p>6. The myths of pornography.</p> <p>https://youtu.be/Jasl2q3l26M https://youtu.be/8P2NeAocCSg</p> <p>7. Feeling about sharing nudes – phones and online safety. www.nspcc.org.uk/keeping-children-safe/online-safety/online-reporting/report-remove www.thinkuknow.co.uk/11_18/lets-talk-about/nudes www.ceop.police.uk/Safety-Centre/Should-I-make-a-report-to-CEOP-YP www.childline.org.uk</p> <p>8. Sexual health, STI, sexual health clinics https://www.nhs.uk/conditions/sexually-transmitted-infections-stis/ https://www.tht.org.uk/sexual-health/stis https://youtu.be/iKgdpqm9OEI</p> <p>9. Teenage pregnancy and marriage – different types of marriage, same sex marriage, cohabitation, arranged marriages etc.</p> <p>10. Contraception – types, pros and cons and how they work. https://kidshealth.org/en/teens/contraception.html https://www.nhs.uk/contraception/ https://www.healthforteens.co.uk/sexual-health/contraception/ https://www.brook.org.uk/topics/contraception/</p>
Grief and bereavement	<p>All resources for these two lessons are from https://winstonswish.org/</p>
Gambling	<p>Discuss the various different types of gambling – bingo, lottery, casino games, raffles, in game purchases and arcade games.</p> <p>Discuss the difference between chance and probability. https://responsiblegambling.vic.gov.au/documents/1259/VRGF-BAOTG_VCE-NUM-U2_WhatAreTheChances.pdf www.gamcare.org.uk www.gambleaware.co.uk</p>