



*Inspiring the leaders of tomorrow to think for themselves and act for others*

## MESSAGE FROM MR LAWLOR

As we near the final phase of the first part of the Autumn Term, it has been wonderful for us to have welcomed so many parents to the school already.

With the Year 8 Meet the Tutor Evening, the Year 12 Meet the Tutor Evening, the New Parents' (Year 7) Welcome Evening, and the Sixth Form Open Evening for Year 11, we have had the opportunity to meet with and speak to so many CCHS families, which is so important to us, and we know you, as parents, value these occasions. Moreover, last week, we also held our online Academic Expectations and Support event for Year 11, as we embraced another chance to share information and support families.

As we move forward this academic year, we will have Parents' Evenings, the Dance Show, Music Concerts, the School Production and eventually Sports Day, which will provide more opportunities for us to gather as a community.

This sense and experience of community is exemplified by the work of the CCHS Parents' Association (PA). The PA undertake such important work for the entire school community. Through their tireless and innovative fundraising initiatives, monies are provided to the school, which allow us to move projects forward more quickly for our students – your daughters. Indeed, this evening, PA colleagues will be running the Autumn Disco for Years 7 & 8 students, having held their AGM on Thursday evening. If you wish to contribute to our shared school enterprise, please do support the work of our brilliant and welcoming PA Parents' Association.

## CCHS Parents' Association



*Working to Support*  
**Chelmsford County High School  
for Girls**

A Grammar School with Academy Status





# D e s i d e r a t a

## **G** O P L A C I D L Y amid the noise

and the haste, and remember what peace there may be in silence. As far as possible, without surrender, be on good terms with all persons. Speak your truth quietly and clearly; and listen to others, even to the dull and the ignorant; they too have their story.

Avoid loud and aggressive persons; they are vexatious to the spirit. If you compare yourself with others, you may become vain or bitter, for always there will be greater and lesser persons than yourself.

Enjoy your achievements as well as your plans. Keep interested in your own career, however humble; it is a real possession in the changing fortunes of time.

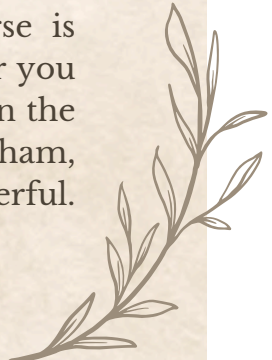
Exercise caution in your business affairs, for the world is full of trickery. But let this not blind you to what virtue there is; many persons strive for high ideals, and everywhere life is full of heroism. Be yourself. Especially do not feign affection. Neither be cynical about love; for in the face of all aridity and disenchantment, it is as perennial as the grass.

Take kindly the counsel of the years, gracefully surrendering the things of youth. Nurture strength of spirit to shield you in sudden misfortune. But do not distress yourself with dark imaginings. Many fears are born of fatigue and loneliness.

Beyond a wholesome discipline, be gentle with yourself. You are a child of the universe no less than the trees and the stars; you have a right to be here.

And whether or not it is clear to you, no doubt the universe is unfolding as it should. Therefore be at peace with God, whatever you conceive Him to be. And whatever your labors and aspirations, in the noisy confusion of life, keep peace in your soul. With all its sham, drudgery and broken dreams, it is still a beautiful world. Be cheerful. Strive to be happy.

by Max Ehrmann ©1927





On Friday 11th October, we hosted the inaugural UK ICGS Student Leadership Symposium. We at CCHS were keen to see a new type of student conference for Sixth Form students, hosted in a girls' school, with the programme devised by students from several girls' schools, with all the keynote speakers and workshop facilitators being girls' school alumnae. This is exactly what took place on Friday 11th October at CCHS. Thanks to the tremendous work of Miss Harrison, Miss Burnham and the team here at CCHS, supported by our ICGS colleagues, we welcomed students and staff from girls' schools across the country on Friday 11th October. The voices, ideas and vision of brilliant young women were front and centre throughout, during an inspirational day of keynote addresses, workshops and networking. Please see below the feedback from Sharon Cromie (ICGS UK Regional Director) and Megan Murphy (ICGS Global Executive Director).

Please accept my most sincere thanks and appreciation for an excellent Student Leadership Symposium on Friday 11th October. The day was superbly organised, inspiring and a credit to your wonderful school. The almost 200 students in attendance were fully engaged from the onset and loved the day. Every member of Chelmsford County High School staff and students I interacted with throughout the day were superb ambassadors for Chelmsford County High School and for girls' education globally. It was truly wonderful hearing from a range of speakers on a very diverse range of topics and then having this followed up by a choice of two workshops for each student delegate. It was wonderful to hear the great questions posed by attendees to the Keynote speakers and to observe first-hand the high level of engagement in the workshops. I know that the workshop leads and Keynote speakers were in the majority Chelmsford alumnae and they did you proud! In summary, every aspect of the day was simply wonderful. On behalf of ICGS, please accept our thanks and admiration. Together, as per the theme of the Student Leadership Symposium, 'The Future is Female: and we rise by lifting each other up', ICGS will be sending out some post SLS social media and eblast reflections on the wonderful day and I know by next year, the numbers wanting to attend will have risen even higher! Please do extend this thanks to the entire school community.

Sharon Cromie | UK Regional Director  
International Coalition of Girls' Schools (ICGS)

I wanted to express my sincere gratitude for the remarkable Student Leadership Symposium held on Friday, October 11. As Sharon shared with our entire ICGs team, the event was flawlessly organized and truly inspiring—a testament to the dedication of your school community. She said that the nearly 200 students in attendance were engaged from the very start and left feeling motivated and empowered, thanks to your superb work. Sharon spoke highly of the incredible interactions she had with both staff and students, showcasing Chelmsford County High School's commitment to excellence and the importance of girls' education. It was heartening to know that the students were so actively involved throughout the day. The lineup of speakers and the diversity of topics covered must have been fantastic. I loved hearing about the workshops that allowed students to delve deeper into their interests, fostering rich discussions and insightful questions for the keynote speakers. It's wonderful to hear that many of the workshop leaders and speakers were proud Chelmsford alumnae, embodying the spirit of your school. In short, every detail of the day sounds remarkable. On behalf of ICGS, please accept my heartfelt thanks and admiration. As we embrace the theme, "The Future is Female: and we rise by lifting each other up," it's inspiring to see the support and encouragement fostered throughout the event. I look forward to reading even more reflections from the symposium on social media, and I have no doubt that next year's attendance will exceed this year's. You've set the bar high! Thank you once again. Please extend my personal appreciation to everyone at Chelmsford County High School for making the day so special.

Megan K. Murphy | Global Executive Director  
International Coalition of Girls' Schools (ICGS)

Dear CCHS Community,

RE: Arrival at and departure from school

I have received feedback from local residents about their experiences during periods when students are arriving at and departing from school. Each week, in our Friday bulletin, we include a reminder about the importance of road safety at these times. Local residents have raised associated issues, with some parents parking inappropriately, e.g. across driveways, and dangerously, e.g. on footpaths.

CCHS has been part of this local community since 1907 and our relationships with and respect for our local community are very important to us, as I know they will be for you. Clearly we are a big school, as all the other local schools are. You may have noticed that CCHS senior staff are out on gate duty each morning and afternoon to ensure the safety of students as they leave, board buses and coaches, etc.

I ask for your continued vigilance and co-operation, please, to ensure that if you are dropping off or collecting your daughter, you remain mindful of the local residents around the school, including First Avenue, Corporation Road, Swiss Avenue, Westfield Avenue and Elms Drive, please.

Thank you in advance for your support with this – it is appreciated.

Yours faithfully,

Mr Lawlor.

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Please be aware of your surroundings when dropping off and picking up students to and from school. The area directly outside our school, in Broomfield Road, is a very busy thoroughfare. A vehicle which is not parked safely can be dangerous for other vehicles, as can dropping off/picking up students in the buslane.



**ROAD  
SAFETY**





# Student Achievements

Have you got some news to share?  
If so, please email Mrs Gross ([jgross@cchs.co.uk](mailto:jgross@cchs.co.uk)) and attach a photo or logo, if applicable.

Thaenila, (8G), has successfully passed her First Degree Black Belt in Krav Maga, Martial Arts.

Thaenila, has decided to help teach the younger martial artists and train further to become a martial art Sensei, in which we wish her all the very best with.

Well done, Thaenila!



Aashna, (10S), won a silver medal in the under 15 girls' singles 1\* Essex Badminton tournament held in CCHS on 13th October.

Congratulations, Aashna!



Harriet (11G) and Katie, (11A) have been successful gaining a squad place in England Hockey Talent Academy pathway. This followed a series of competitive trials over the summer and autumn period. Weekly training commences this month.

Well done, Harriet and Katie!





Our Athlete of the Week is Camilla, (8A), for her outstanding contribution to both the first round of the National Cross Country Competition and the first round of the National Schools Hockey Competition. Her resilience and hard work have been fantastic already this year, Well done!



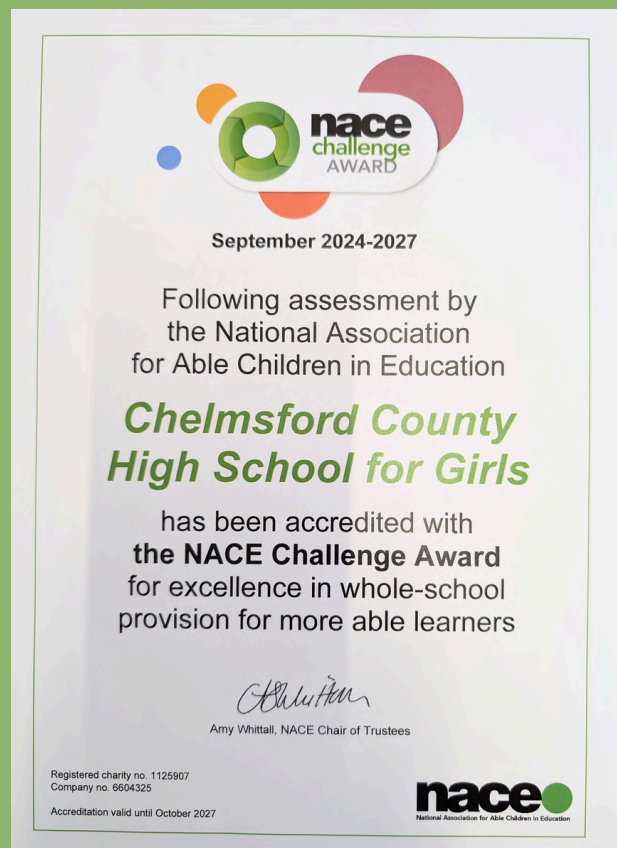
Please follow our CCHS PE Department Twitter account to keep up to date with our sporting news

[@CCHS4GPE](https://twitter.com/CCHS4GPE)



Please follow our PE Instagram account for everything PE & Sport.

[@pe\\_cchs](https://www.instagram.com/pe_cchs)





## **Chelmsford Science Festival**

22 - 29 October 2024, 09:00

Bookings are now open for a host of free, fun and educational events at the 2024 Chelmsford Science Festival, organised by ARU in partnership with Chelmsford City Council and Chelmsford For You.

This year's festival is again sponsored by Teledyne and takes place between Tuesday 22 October and Tuesday 29 October.

The festival will take on the theme of Our World – Planetary Health, and feature a range of events, activities, and engaging talks from experts.

### **Don't miss...!**

Fun and interactive activities at our popular Family Science Days.

**Book Saturday**

**Book Sunday**

Find out more about Chelmsford Science Festival events aimed at school and college groups.

**23 October at ARU Writtle**

**24 October at ARU Chelmsford**

**25 October at ARU Chelmsford**





## Gabrieli Roar

Music workshop – Tuesday 15th and Wednesday 16th October 2024

On Tuesday 15th and 16th we took 14 students to take part in a performance of Purcell's Dido and Aeneas alongside the fabulous Gabrieli Roar as well as other local secondary schools.

Gabrieli Roar are a professional and award-winning choir using period instruments. The event was organised and funded by Essex Music Hub. Our students were led by the highly experienced Paul McCreesh as musical director. Amongst other things Paul has conducted world famous orchestras such as the Leipzig Gewandhaus, Bergen Philharmonic, Hong Kong Philharmonic and Sydney Symphony to name but a few.

The students had a very busy first day sight reading the music and what a fantastic job they did. Our CCHS students were rightly complimented by members of the choir who admired the rich tone of their voices and how well they had handled this demanding music. Mrs Clements and I were so proud of all our students. I know I speak for us both in saying what an amazing sound the whole ensemble made.

On Wednesday we headed across the road to KEGS main hall. Here we were greeted by the entire Gabrieli ensemble which included period instrumental players such as harpsichord, lutes and viols. As part of our school curriculum, Mrs Clements and I do listen and talk about these instruments but as you will appreciate, they are quite rare to find but to also find performers who can play them well. YouTube can only do so much so to hear them played live was incredible. The students were joined by 10 members of the Gabrieli choir which gave a grand total of approximately 65 singers. They filled the hall with simply stunning music. Whilst we try to give all CCHS students every opportunity to perform all kinds of music one thing we cannot deliver is the ability have a full Soprano, Alto, Tenor & Bass choir for obvious reason so this was a fantastic experience.

On the Wednesday evening we had the thrill of watching and listening to their final concert to a well-attended hall.

I know our students will not forget this experience and neither will I nor Mrs Clements. It is a credit to the work that Essex Music Hub do to offer such unique music experiences for youngsters within our large county.

Mr C. Lamberti  
Director of Music





CCHS PA 2024



# Christmas Pudding Sale



TRADITIONAL PLUM PUDDING, SERVES 4 £7.50  
SPONGE PUDDING, SERVES 3/4  
(LEMON OR TOFFEE ) £7  
PARENTPAY UNTIL 23RD OCT  
NO REFUNDS OR RETURNS  
DELIVERY BY MID DECEMBER

PLEASE NOTE PUDDINGS ARE MADE IN A FACTORY WHERE  
NUTS ARE USED (PLUM PUDDING CONTAINS NUTS)

Next week in PSHE –Wednesday 23rd October – Period 1.

Year 7 – First Aid – part 2

Year 8 – Study skills with Mr Selby.

Year 9 – Credit cards vs Debit cards – Self-defence 9F

Year 10 – Managing studies

Year 11. – Road Safety play.

Year 12 – Consent – part 2

Year 13 – Interview skills.

# **ARTIST OF THE WEEK**



**ARTIST OF THE WEEK**- Gam in Year 10 for her rainbow plait watercolour!



# On CCHS socials this week...

**CCHS @CCHS4G · Oct 15**  
 We are looking forward to welcoming parents and friends to the CCHS Parents' Association AGM on Wednesday 16th October.  
[cchs.co.uk/about-us/paren...](https://cchs.co.uk/about-us/paren...)



**CCHS Parents' Association**  
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**CCHS @CCHS4G · 5h**  
 "World Menopause Day is held every year on 18th October. The purpose of the day is to raise awareness of the menopause and the support options available for improving health and wellbeing."  
 World Menopause Day 2024 - International Menopause Society ([imsociety.org](https://imsociety.org))



**International Menopause Society**

**CCHS @CCHS4G · 5h**



**UNIVERSITY OF OXFORD  
 ESSAY WRITING COMPETITION**

IN YEAR 12?  
 THINKING OF APPLYING TO STUDY MEDICINE?

Write an essay on the topic: *The impact of arthritis on the individual and society* and win a five day work experience placement!

Find out more and submit your entry at [www.ndorms.ox.ac.uk/essay-competition](https://www.ndorms.ox.ac.uk/essay-competition)

**CCHS @CCHS4G · Oct 11**  
 "The 2024 International Day of the Girl theme is 'Girls' vision for the future'. This year's theme conveys both the need for urgent action and persistent hope, driven by the power of girls' voices and vision for the future."  
[un.org/en/observances...](https://un.org/en/observances...)



**UNITED NATIONS**

**CCHS @CCHS4G · Oct 17**  
 We are looking forward to welcoming Year 5 pupils from a host of local primary schools to our Enrichment Day today. They will enjoy a day of science - fizz, pop, bang!  
[cchs.co.uk/extra-curricul...](https://cchs.co.uk/extra-curricul...)  
[cchs.co.uk/admissions/lea...](https://cchs.co.uk/admissions/lea...)



**CCHS @CCHS4G · Oct 14**  
 We will be marking 'Restart a Heart' day with CPR updates for students during their PE lessons across the week.  
[bht.org.uk/how-you-can-he...](https://bht.org.uk/how-you-can-he...)



**Restart a Heart  
 October 2024**

**Learn CPR, act fast, save lives**

**CCHS @CCHS4G · Oct 14**  
 Foyle Young Poets of the Year Award 2024: we are thrilled to celebrate that Devanshi (Yr12), with her poem, 'Instructions for a Sleep Routine', was selected as one of the 85 commended poets from over 17,000 entries by young poets from across the world.  
[www.poetrysociety.org.uk/foyle-award](https://www.poetrysociety.org.uk/foyle-award)



**THE POETRY SOCIETY**

**CCHS @CCHS4G · Oct 14**  
 "Chelmsford Science Festival, 22nd - 29th October 2024. Bookings are now open for a host of free, fun and educational events at the 2024 Chelmsford Science Festival, organised by ARU in partnership with Chelmsford City Council and Chelmsford For You."  
[aru.ac.uk/events/chelmsf...](https://aru.ac.uk/events/chelmsf...)



**CHELMSFORD  
 SCIENCE  
 FESTIVAL  
 2024**



CCHS PA are pleased to announce an autumn term Pre-Loved Uniform Sale.

These sales help to raise much needed funds for the school and help parents to purchase uniform for a fraction of the new cost.

Orders will be processed on a first come first serve basis. We will email you to confirm the total price and ask you to pay online to the PA account. Once payment is received, the orders will be packaged and sent into school for distribution week commencing 4th November.

Please note that PE tops and sweatshirts often have names embroidered on them. You can either unpick and re-embroider your daughter's name or use a sew-on or iron-on label over the top of the old name.

We will always send you the best quality clothing that we have available, but please keep in mind that this is pre-loved uniform and the condition of items can vary. Please note that returns cannot be accepted.



# CCHS PA

## Pre-Loved Uniform Sale

Please scan the QR code or follow the link to complete an order form.



### Price List

- \*Blazer - £22.50
- \*6th Form Blazer - £11.50
- \*Scarf - £10
- \*Skirts - £15
- \*Jumpers - £10
- \*Sleeveless Jumpers - £7.50
- \*Blouse - £5
- \*Hoodie - £10
- \*PE Sweatshirt - £5
- \*PE Polo Shirt - \$5
- \*Tracksuit Bottoms - £6
- \*Shorts - £5
- \*Skort - £5
- \*Swimsuit - £8
- \*Hockey Socks - £2.50
- \*Shin Pads - £3
- \*Swim Hat - £3
- \*Base Layer Leggings - £5

<https://forms.office.com/r/PTrME0zPP7>

Orders by  
Sunday 20th  
October

Sale





# **Books for the Library!**

**In the John Moore Library we like to make sure that the students have access to the most up to date books to enhance both their learning and reading for pleasure.**

**Please consider helping us to keep our stock fresh by donating a book from our Amazon wishlist**

**Click [HERE](#) to access the list**

**Thank you  
Mrs Howell and Mrs Davis**

# Autumn Term Parent Support Series

**elevate**  
education

## Free Parent Webinars

Join us and Elevate Education for FREE 60- minute webinars designed to help you support your child's studies at home.

[Click here to Register](#)

*In the Autumn Term, we'll cover:*

1. **Help Improve Your Child's Memory**  
- 19th November @6:00pm
2. **How You Can Build Resilience in Your Child**  
- 3rd December @6:00pm
3. **How to Help Your Child Alleviate Stress**  
- 17th December @6:00pm







# Chelmsford County High School for Girls

## Keep on swimming!

### Context

The CCHS swimming pool was built in the 1960s, partly from funds raised by CCHS families. Dedicated upgrading and maintenance work over the years has ensured that the pool has served generations of students and young people across the Chelmsford community.

At the moment, our pool supports the PE curriculum for our 1,162 students, as well as nearly 200 pupils from five local primary schools, and nearly 600 young people from the wider community who use our pool with clubs.

Our swimming pool is truly a community pool.

### Goal

Now is the time to modernise this important community resource to preserve it for future generations of students, pupils and young people. We are asking for your support now, just as the CCHS community rallied in the 1960s to ensure a pool was built, to help us achieve this important goal.

### Fundraising

We estimate that the pool will require up to £250,000 over the next two years to bring it back to a suitable condition to support swimming in our community for the foreseeable future.

Our immediate need is to replace our aged boiler and gas pipework, which will cost approximately £35,000.

We will be organising some sponsored events and other fundraising activities, however if you are able to support us with any amount, we have a fundraising page available at <https://www.totalgiving.co.uk/appeal/Keep-CCHS-Swimming>

